

## Healing Lyme: Olivia's Story

**Richard Horowitz, MD**  
with **Olivia Goodrow**



### Richard Horowitz, MD

Hello, my name is Dr. Richard Horowitz, co-host of the free online Healing from Lyme Disease Summit. June 4th to 10th, 2024. During the summit, you will hear between 40 and 50 experts share their top advice on how you can get better from Lyme and associated diseases. You will learn about the safety and efficacy of dapsone combination therapy and its power to help patients with chronic Lyme disease. You'll also hear about the necessity of addressing all the abnormalities on the 16-point MSIDS map. I would now like to share with you a story and have you meet the youngest pediatric patient I ever gave dapsone to, who is now well and in full remission for over one year. Olivia got sick at seven years old and, for 18 months, went looking for answers with 51 doctors. As you will hear from her, she had MRIs, CAT scans, liver biopsies, and even adenoid removal without any help. She was finally diagnosed with Munchausen syndrome because they felt that since they couldn't find a cause for her symptoms, she must be making it up. I would like to now share with you her success story using a double-dosed dapsone combination therapy, and high-dose dapsone combination therapy for Lyme disease, babesia, and Bartonella. Highlight how important it is to diagnose and treat MSIDS variables that keep them ill. In Olivia's case, I had a diagnosis of POTS immune deficiency, molds, and Alpha-1 antitrypsin deficiency. Once all of these factors had been properly diagnosed and treated, she got better and was finally in full remission for over a year. She no longer suffers from chronic fatigue, pain, or brain fog and is now attending college. Here is Olivia's story.

### Olivia Goodrow

My name is Olivia Goodrow, and I was bitten by a tick at the Lake of the Ozarks in Missouri when I was seven years old. I didn't see the tick, and I didn't have a bull's-eye rash. I spent the next 18 months seeing 51 doctors, all from Colorado. I had an MRI, CAT scans, EKGs, and a liver biopsy. I had my adenoids removed, and I was misdiagnosed a ton of times. They thought that I needed to drink water because I am originally from Colorado and it's a high-altitude state. Then they thought that maybe I had Wilson's disease, and when the tests came back saying that I didn't have it, they started to think that I was maybe making it up for attention. I was misdiagnosed with Munchausen syndrome. Then, after the 51st doctor, I was finally randomly diagnosed with Lyme disease, and I hopped around with a couple of other doctors who were making sure that I

was staying out of the hospital, but they weren't making any progress on my health. Then I met Dr. Richard Horowitz when I was in the sixth grade, and we had our very first appointment, and it lasted somewhere around six hours. He went through all of my records. The entire time he was like, they could have seen this symptom, they could have known, and I could have done this test. When it got to the Munchausen syndrome part, he banged his head on the wall because he was like, What?

This happens to so many people. This is just so unfair. He was able to diagnose me with not just Lyme disease but Bartonella, babesia, POTS syndrome, relapsing fever, and an Alpha-1 antitrypsin deficiency in my liver. Then, after that, I went on a protocol of taking 86 pills a day for a couple of years. It was, to be honest, so much. I was terrible, and it was getting me to feel better. I was still making progress, but just the amount of pills I was taking. I was still in school, and I wanted to be in school. That was my motivator. Get out of bed every day to see my friends and do what the normal kids did. Then, in the summer, going into my freshman year of high school, Dr. Horowitz had the idea to put me on a double-dose dapsone. Yeah, I did that freshman year going into high school, and I felt great. Throughout high school, I was, I believe, roughly 70% better.

I was slowly getting there. Then I get up, and it gets up to like 86%. I was slowly getting there. Then, in my senior year, we realized that we needed to follow the actual proper protocol. I did the nine weeks, the quadruple dose of dapsone, which I believe, the last week being all the quadruple dose. I was ramping myself up, up until last week. To be honest, again, someone else went to that. It's not a walk in the park, and it truly isn't. I feel like if all 42 of those pills had been combined into one singular pill, I would have done a lot better. The issue was that your gut can't handle that many pills. It takes a lot for you to take those every single day. That was my biggest difficulty: looking at the box and being like, I have to do this again. It got rid of all of my symptoms. I used to have brain fog and tremors in my right, I had muscle aches and pains, and I lost my vision for periods at a time. It was hard for me to get out of bed, and my neck muscles gave out. These pills that I took and this protocol truly saved my life. Throughout this time and my journey with Lyme disease, especially Dr. Horowitz, have seen it all. I have created my nonprofit because what I went through was terrible.

But those people out there are going through so much worse, and they do not have Dr. Horowitz to help them. He has saved my life. I'm now at UCLA. Right now, I'm living my best life. I have felt the most normal that I've ever felt in my entire life since I was seven years old. I can confidently say that I'm in remission. We just had this conversation a couple of days ago, but now we're worried about the illnesses that college kids get and, trying not to, get super sick. We're not worrying about Lyme disease and tick-borne illnesses anymore. It's such a relieving and refreshing change to have. This treatment has been incredible for me. I would recommend it to anyone. who is eligible for it. It is truly amazing. It has turned my life around for the better. I wrote a book talking about my nonprofit, my journey, and my journey to becoming better while also dealing with school. I have a newer version of the book coming out in May this year. It looks like

this and it talks more about dapsons and how that was, especially being in high school and trying to be active with friends, family, and schoolwork. I was getting into colleges at that point. I had a little bit on my plate to deal with. On top of that, every morning and every day, I was taking all of these pills. If you ever need a second opinion and you're like, "Man, I want to try this treatment, but I want to hear from a patient," I would recommend maybe just checking out the little chapter that I have about dapsons. But, Dr. Horowitz, you have saved my life, and I thank you so much for that. Every single day.

## **Richard Horowitz, MD**

You have just heard one more success story of the double dose dapsons combination therapy, and a high dose dapsons combination therapy and the importance of treating its MSIDS variables to help regain your health during the healing from Lyme Disease Summit, June 4th to 10th, 2024, 18 people will be sharing their stories of healing and success. With dapsons combination therapy. You can read more about how people got better from chronic Lyme and associated diseases in our latest publication in Microorganisms, April 2024. All the recent improvements in the Dapsons Protocol to make it safer, more tolerable, and even more efficacious in treating Lyme and Bartonella can be found in this last publication in Microorganisms, September 2023. You can share this with your healthcare provider. Since the entire protocol of how I get patients better can be found in this publication, You can also learn more about these protocols and the power of the MSIDS model in my New York Times bestseller, Why Can't I Get Better? National Bestseller, How can I get better? Please join me for the Healing from Lyme Disease Summit airing June 4th–10th, 2024. You too can learn more about the power of dapsons combination therapy in treating chronic Lyme disease and see firsthand how important it is to treat MSIDS factors. You will learn this and much more during the summit, so you will be empowered with the tools that can help you get your life back. You, too, can get better. I look forward to seeing you there.