

## Healing Lyme: Nikki's Story

**Richard Horowitz, MD**  
with **Nikki**



### Richard Horowitz, MD

Hello. My name is Dr. Richard Horowitz, and I am the co-host of The Free Online Healing from Lyme Disease Summit, which airs from June 4th to the 10th, 2024. During our summit, you will learn about the safety and efficacy of Dapsone Combination Therapy and the importance of treating overlapping MSIDS variables in getting patients better. I would like to share with you a story that you will hear about during the summit, which highlights the power of Dapsone Combination Therapy and Pulsed High-dose Dapsone Combination Therapy for the treatment of chronic Lyme disease and associated Bartonella. This young woman you are about to meet has been sick since about 2017 with Lyme disease, Babesia, and Bartonella, complaining of severe fatigue and severe neurological issues, including brain fog and a movement disorder. Nikki needed to take two and a half years off from college because she was so ill and, before seeing me, took many different antibiotics for about a year without significant benefit. As you will learn from her story, the MSIDS factors that kept her ill, apart from the three B's; Borrelia, Babesia, and Bartonella or POTS, mold, and severe adrenal dysfunction. Nikki not only tolerated the protocol extremely well but each 14-day high-dose Dapsone pulse led to significant improvements which she went longer and longer in remission without symptoms. She is now 95% better back in school. Let's hear Nikki's story and the power of Pulse Dapsone Combination Therapy for chronic Lyme and Bartonella.

### Nikki

I wanted to start by saying that the Dapsone treatment has been a complete game-changer for me. I got sick in 2017 and was lucky enough to get diagnosed in August of 2018. I was diagnosed with Lyme, Babesia, and Bartonella. My symptoms included a lot of neurological manifestations. Like extreme fatigue, joint pain, neuropathy, and cognitive difficulties, just to name a handful. I barely made it through my senior year of high school, and then I took two and a half years off from college. I'm also a triplet, so it was extremely hard for me to compare myself to two other people who are healthy and see how I am in comparison to them. Before I came to see Dr. Horowitz, I worked with a different Lyme doctor. I did I.V. antibiotics for a little over a year, as well as a cocktail of oral antibiotics, and Doxycyclin for around eight months. When I first met with Dr. Horowitz, it was concluded that I also had mild POTS, mold toxicity, and severe adrenal

dysfunction. I met with him in May of 2022, and I told him that it was my dream to be able to go back to school in August, and we made that happen.

I have done a few rounds of Dapsone, and I have tolerated the drug extremely well. I was worried about the side effects, but I had no issues whatsoever. Previously, getting the IV treatments was very limiting in terms of what I was able to do. I took years of oral antibiotics, and that was also something I experienced burnout from multiple times. It's hard on you mentally and emotionally to be taking pills every day for years at a time. But once I started with Dapsone, I got so much better, so much quicker. It's been great that the Dapsone pulses are so short. Because taking all these pills helps with mental health and burnout. When people ask how the treatment is, I don't lie. It is hard. It is intense. But I chose my hard, and I chose that my hard would be the treatment and not suffering from my Lyme disease. Today, I'm about 95 to 98% better. I just finished a Quad Dapsone. I just finished that about a month ago, and I'm feeling great. I've moved out, living with my parents. I'm in school, and I'm doing so well that I don't even remember the last time I felt so great. Thank you.

### **Richard Horowitz, MD**

You just heard one more success story of Dapsone Combination Therapy and Pulsed High-dose Dapsone Combination Therapy for the treatment of chronic Lyme disease and Bartonella and the need to treat overlapping MSIDS variables to get better. This story is an excellent example of the power of these two-week antibiotic pulses. Using these new persisters biofilm regimens with Dapsone. During the Healing from Lyme Disease Summit, June 4th to the 10th, 2024, people will be sharing their stories of healing and success with Dapsone Combination Therapy. You can read more about this protocol using Double-dose Dapsone Combination Therapy and Pulsed High-dose Dapsone Combination Therapy, in our recent publication of microorganisms, September 2023. You can also learn more about these protocols and the power of the MSIDS model in my New York Times bestseller. Why can't I get better?, and National bestseller, How can I get better? Please join me at the Healing from Lyme Disease Summit, a free online summit from June 4th to the 10th, 2024, so you too can learn more about the safety and power of Dapsone Combination Therapy. Learn about how diagnosing and treating MSIDS factors is key to finding the underlying causes of why you stay sick. During our summit, you will get the tools that you need to get your life back. I look forward to seeing you soon.