

Healing Lyme: Aly's Story

Richard Horowitz, MD
with **Aly**



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Hello, my name is Dr. Richard Horowitz, and I am the co-host of The Free Online Healing from Lyme Disease Summit. June 4th to 10th, 2024. During our summit, you're going to learn about how to gather the tools to get your life back. As you hear from 40 to 50 of the world's experts in tick-borne diseases, I would like to share with you one of the 18 success stories of people who will be interviewed during the Healing from Lyme Disease Summit and who will highlight the safety and success of Dapsone Combination Therapy and the power of addressing all of the abnormalities on MSIDS map.

As you will hear from Aly, the three B's: Borrelia, Babesia, and Bartonella, along with immune deficiency, adrenal dysfunction, and POTS, had her bedridden and sick for years with severe fatigue, pain, inability to sleep, and severe cognitive difficulties with mood swings. Yet Dapsone combination therapy has helped her in the past year, more than any of the other treatments she did in the last 8 to 10 years, and she has now had massive improvement without significant relapses. Let's hear Allie's story about the safety and efficacy of Dapsone combination therapy and the power of addressing abnormalities on the 16-point MSIDS map.

Aly

My name is Aly, and I have had Lyme for about nine years. When I say I am, I guess I'm using it as a catch-all term for tick-borne disease because I also have Babesia, Bartonella, and Ehrlichiosis. I'm probably forgetting some infections, but if you have it, I probably have it too. It took me two years to receive an accurate diagnosis of Lyme and tick-borne disease. By the time I finally found out what I had, it had just steeped into every muscle tissue and spot in my body. I was essentially bedridden. I have probably tried every treatment under the sun. If you name it, I have probably done it. I also have POTS. I have a specific antibody deficiency. I have adrenal dysfunction. A cocktail of things that resulted in exhaustion, severe brain fog, word loss or word block, and pain. All over my body, my muscles, and my joints. Tremors, sleeplessness, restlessness, and mood swings. I experienced a lot of different, typical Lyme symptoms, but also neurolyme and tick-borne disease symptoms.

I found Dr. Horowitz about two years ago and have been doing Dapsone therapy. Both regular Dapsone, Double Dapsone, and Quad Dapsone over the last year. While I will say it's a tough protocol, I always tell patients that it's not the hardest thing that I've ever done. Not even close. Don't let the fear of Dapsone or not feeling well scare you because, Number one, I don't think that it's as bad as you think it is. Number two, I think it's worth it to get your life back in the end. I also want to tell people that I feel that Dapsone has helped me more in the last year than any therapy I have done in the last 8 to 9 years, combined.

Dapsone was the first therapy for me where I feel, it's had a lasting impact where I can complete the treatment, wait and see the results, and then not have this massive backslide as I used to, where I would complete therapy and then ultimately, within a month or two, be unwell again. It's helped all of my symptoms across the board. When I first started seeing Dr. H, I would say I was operating at about 50% capacity, which was not good. Now I would say I'm closer to 80 to 85%, which is a massive leap. I have seen improvements in pretty much every symptom across the board now. Most days I can get through the day pretty successfully and be a pretty high-functioning individual.

That is my story. I cannot recommend Dapsone Therapy enough. I recommend that everyone try it. and ask your practitioner about it. I am always here to be a resource for anyone who has questions, so thanks, Dr. H.

Richard Horowitz, MD

This success story, which highlights the safety and efficacy of Dapsone Combination Therapy, and addresses MSIDS variables, is one of many that you'll hear during the free online Healing from Lyme Disease Summit, June 4th to 10th, 2024. You can learn more about these protocols in the MSIDS map in the Journal Health Care in 2018, in Precision Medicine Part 2, as well as in my New York Times bestseller, Why Can't I Get Better? Also, the National bestseller, How Can I Get Better?

You can also read about all the recent improvements in the Dapsone protocol to make it safer, more tolerable, and even more efficacious in treating Bartonella. In our last publication, published in the Journal Microorganisms in September 2023.

This success story, which highlights the safety and efficacy of Dapsone Combination Therapy, and addresses MSIDS variables, is among many that you'll hear during the free online Healing from Lyme Disease Summit, June 4th–10, 2024. Please join me at our summit so you can get the tools to get your life back. I hope to see you there.